

SA SADDLE HORSE

EDITION 1 | 23 APRIL 2023



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SA SADDLE HORSE

It is our very first edition!

We are very excited to present the inaugural issue of the SA SADDLE HORSE e-magazine.

The first edition of our magazine is jam-packed with wonderful content that our creative team has lovingly created.

I would like to thank everyone who advertised with us in our first edition for putting their trust in us. We will be forever grateful!

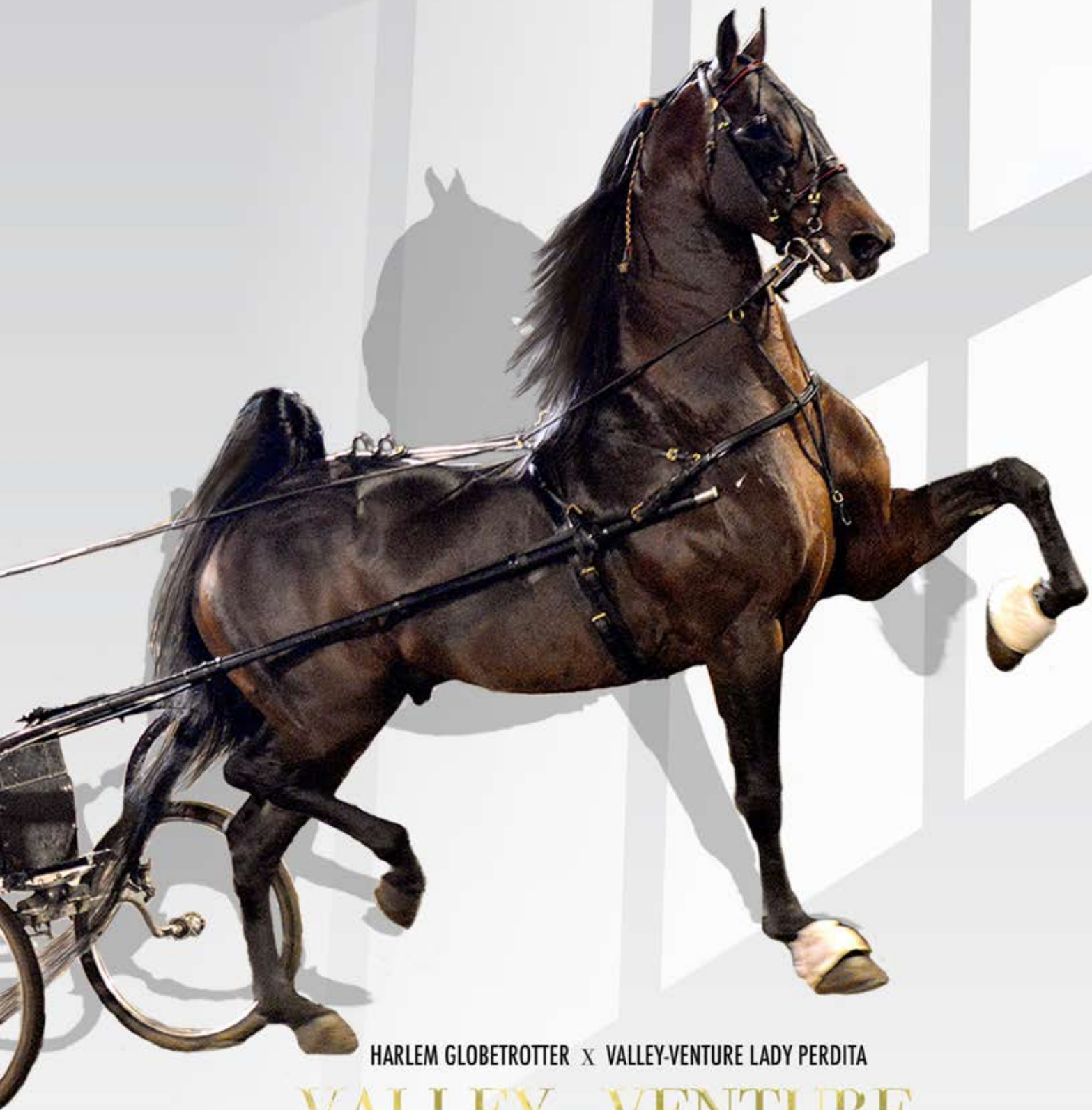
I would like to take this opportunity to express my gratitude to the SA SADDLE HORSE team for their support and for their willingness to accompany me on this significant journey. I am forever indebted to you.

Our best wishes to everyone at the 2023 Bloemfontein show. There is only one time a year when it happens, so enjoy every second of it!

Lots of love!

Adri
xx





HARLEM GLOBETROTTER X VALLEY-VENTURE LADY PERDITA

VALLEY - VENTURE

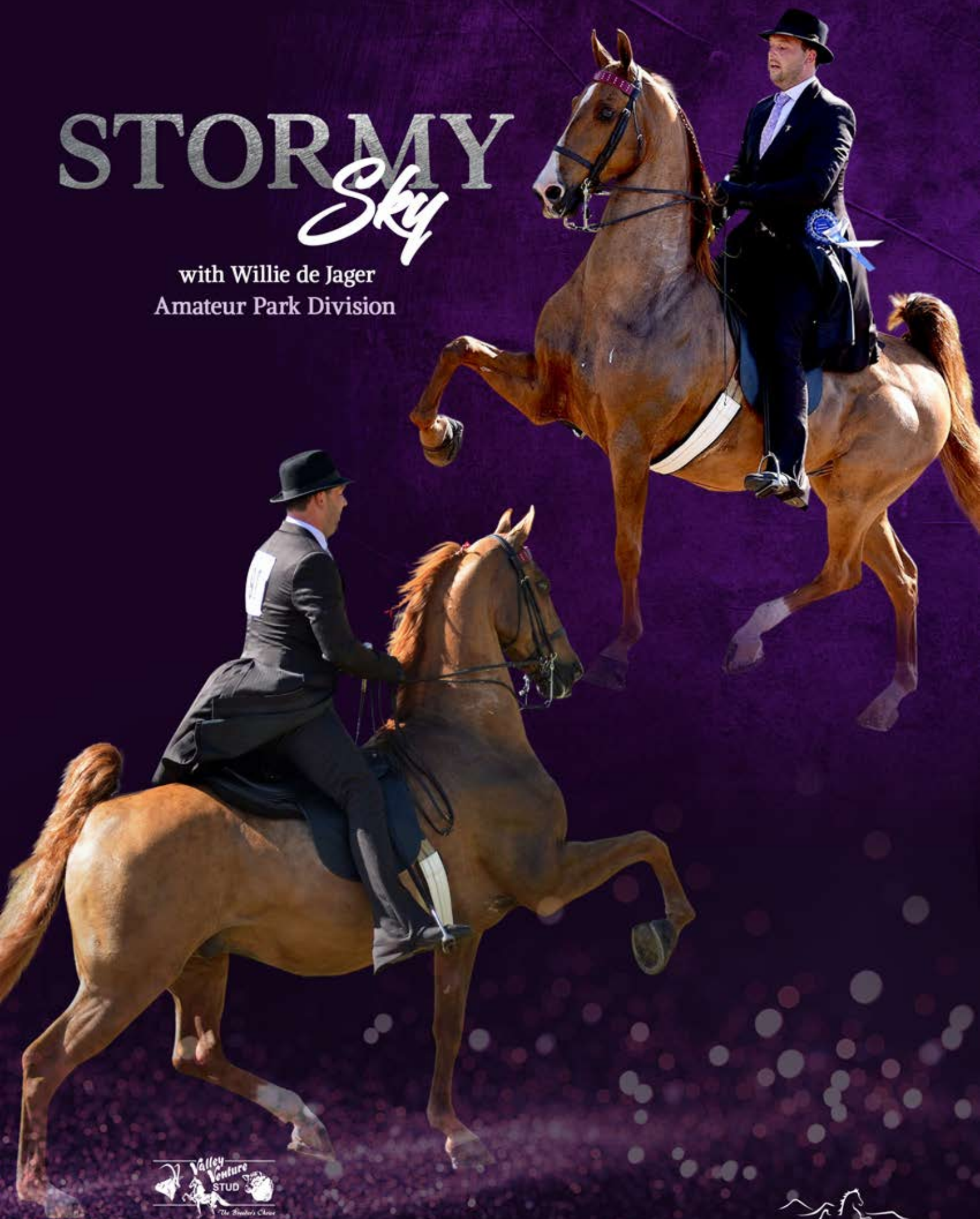
GLOBAL APPLAUSE

FOR THE
OPEN FINE HARNESS DIVISION



STORMY *Sky*

with Willie de Jager
Amateur Park Division



Owned by: Tina de Jager

Trained by:





NITTE'S *Cassanova*

with Willie de Jager

Amateur 5 Gaited Division



Owned by: Willie de Jager

Current Trainer: Revelation Hill Equestrian Centre

Receiving Trainer: Mountainview Stables

Viva Tonite

Madrie van Huyssteen



Fotozan
SA Champs 2021

Revolution Hill
Equestrian Centre

2021 UNANIMOUS WORLD'S OPEN AIR
GRAND CHAMPION THREE-GAITED HORSE

DREAM ACRES EQUESTRIAN CENTRE

proudly presents

Adriaan
PIENAAR

"Some people want
it to happen.
Some wish it would
happen.
Others make it
happen"
- Michael Jordan

Proud Parents: Stephan & Anze Pienaar | Bloemfontein



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

proudly presents

Alexja
COETZEE

"Success is no accident.
It is hard work, perseverance,
learning, studying,
sacrifice and most of all,
love of what you are doing
or learning to do."

- Pele

Proud Parents: Alexander & Anja Coetzee | Bloemfontein



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

proudly presents



CAILIN

Nel

"If you set goals and go after them with all the determination you can muster, Your gifts will take you places that will amaze you."

- Les Brown

Proud Parents: Pierre & Suné Nel | Douglas



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

proudly presents

CHANETTE

Jansen van Vuuren

"Don't settle for average.
Bring your best to the moment.
Then, whether it fails or succeeds,
at least you know you gave all you had.
We need to live the best that's in us."
-Angela Bassett.

Proud Parents: Christo & Claudette Jansen van Vuuren | Boshoff



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

proudly presents

Christien

STRYDOM

NELL



"Hope promises,
Courage carries,
Love delivers."

- Dae Zantamata

Proud Supporters: Louis & Jan-Louis Nell | Bloemfontein
Proud Parents: Hæner & Dalien Strydom | Schweizer-Reneke



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

proudly presents

Φ ANÉ

Vorster
(Bibi)



"Courage is the magic
that turns dreams into reality."
– Unknown

Proud Mom: Cha-Nene Vorster
Bella Vista Equestrian Centre, Blœmfontein



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

proudly presents



DANIELLE

Grobler

"Brainstorm until your dreams roll in like thunder & your passion strikes with the love in your eyes."

- Curtis Tyrone Jones

Nr 1 Supporter: Lené Grobler | Bløemfontein



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

proudly presents

HELOISE

van Deventer



"I've been staring at the coastline...
'Cause I've got my best suit on
and I'm ready
I've got my sleeves rolled up
and I'll be on my way
While my heart's thumping,
boom-boom, boom-boom
You're gonna see me rise"

RISE: Gabe Simon / Calum Scott

Proud Parents: PG & Nini van Deventer | Prieska



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

proudly presents

Hendrië
MARITZ

"Real guts are nothing more than developing your inner voice to the point where it is louder and stronger than the voice of your fear."

- Georgette Mosbacher

Proud Parents: Liezl & Liehani Maritz | Uppington
Guardian Angel: Pappa Hansie Maritz



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

proudly presents



ILENE
Beukes
& WHIPAGAIN
DOC TJ

"Stay focused , go after your dreams and
keep moving toward your goals."

- LL Cool J.

Proud Family: Manie, Hannelie & Llewellyn Beukes | Bethlehem

Proud Grandmother: Nicolene Eksteen

Proud Supporter: Christiaan de Jongh | Bløemfontein



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

proudly presents

Liehani
MARITZ

"Passion is energy.
Feel the power that
comes from focusing
on what excites you."

- Oprah Winfrey

Proud Parents: Liezl & Hendré Maritz | Uppington
Guardian Angel: Pappa Hansie Maritz



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

proudly presents



Misty Meadows
BLACK FRIDAY

For the Limit 5-gaited Class

Sire: Bridgewaters I Own The Nite

Dam: Emeraldal My Secret Affair

Orkedien...

Bred by: Cobus Ackerman | Potchefstroom

Adored & Owned by: Jannie & Margareth Steenkamp | Carnarvon

"The goal is simple:
Be the best version of yourself.
Everything else is just noise."

- The Black Swan



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

proudly presents

MARY-ANN

Lovemore



“Those who teach us the
most about humanity
aren't always humans”
– Donald Hicks

Proud Parents: Curt & Anelda Lovemore | Douglas



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

proudly presents

MIEKE
Kotze

"Be fearless in the pursuit of
what sets your soul on fire."
- Jennifer Lee

KOULA
Kotze

Proud Parents: Pierre & Petra Kotze | Upington



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

proudly presents



NARIKE

Hoft

- Member of Junior 3-gaited Protea Team 2022
- 3-gaited Junior Protea Team Captain 2022

"FAITH OVER FEAR ..!"

- Unknown



Proud Parents: Rocco & Elmarie Hoft | Upington



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

proudly presents

PIENAAR

Family



Marli Pienaar



Miné Pienaar



Lienke Pienaar



Attie Jnr Pienaar

"All our dreams can come true, if we have the courage to pursue them."

- Walt Disney

Slangfontein | Philippolis



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

proudly presents



PIPPA
Kotze

KEMI
Kotze

IMAGINE
With all your mind.
BELIEVE
With all you heart.
ACHIEVE
With all your might.

Proud Parents: Pierre & Petra Kotze | Upington



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

proudly presents



ZANDRI

Starke

"Nothing happens until you
decide to make it happen!"
- Unknown

Proud Parents: Eric & Tharina Starke | Douglas



DOXA DEO GLORIA

DREAM ACRES EQUESTRIAN CENTRE

Life is full of blessings.
All we need to do, is to stop and make time to
appreciate every opportunity presented to us.

God gives us blessings.
Happiness is a choice.

A sincere THANK YOU to every
DAEC customer, who honour me to be
a part of you, your family and
horses' lives – each and everyone
of you are very much appreciated.

To every loyal friend and honest
critic in my life – thank you
for keep building my business.

Thank you to:
Johannes Maasdorp – Farrier
Fanie Wessels – Farrier
Dr Angelo Nichas – Veterinarian
Charl Roux – equine Dentist
Tania Allen Photography
– official photographer for DAEC

THANK YOU to the DAEC Team
for taking such great care of
all our amazing horses.

May you all be blessed with a
SA Championship Show
that takes your breath away.

An attitude of gratitude.
MAKE IT HAPPEN!

Martin Pienaar



DREAMACRES
WHERE QUALITY COUNTS

DOXA DEO GLORIA

Blœmfontein



GRAFIAC

by Nenane

Freelance Graphic Designer & Commercial Photographer



Logo Design | Branding | Advertorials | Photo Corrections

Nenane Bester

THE GREAT

Aristocrat



Castle Rock
STABLES

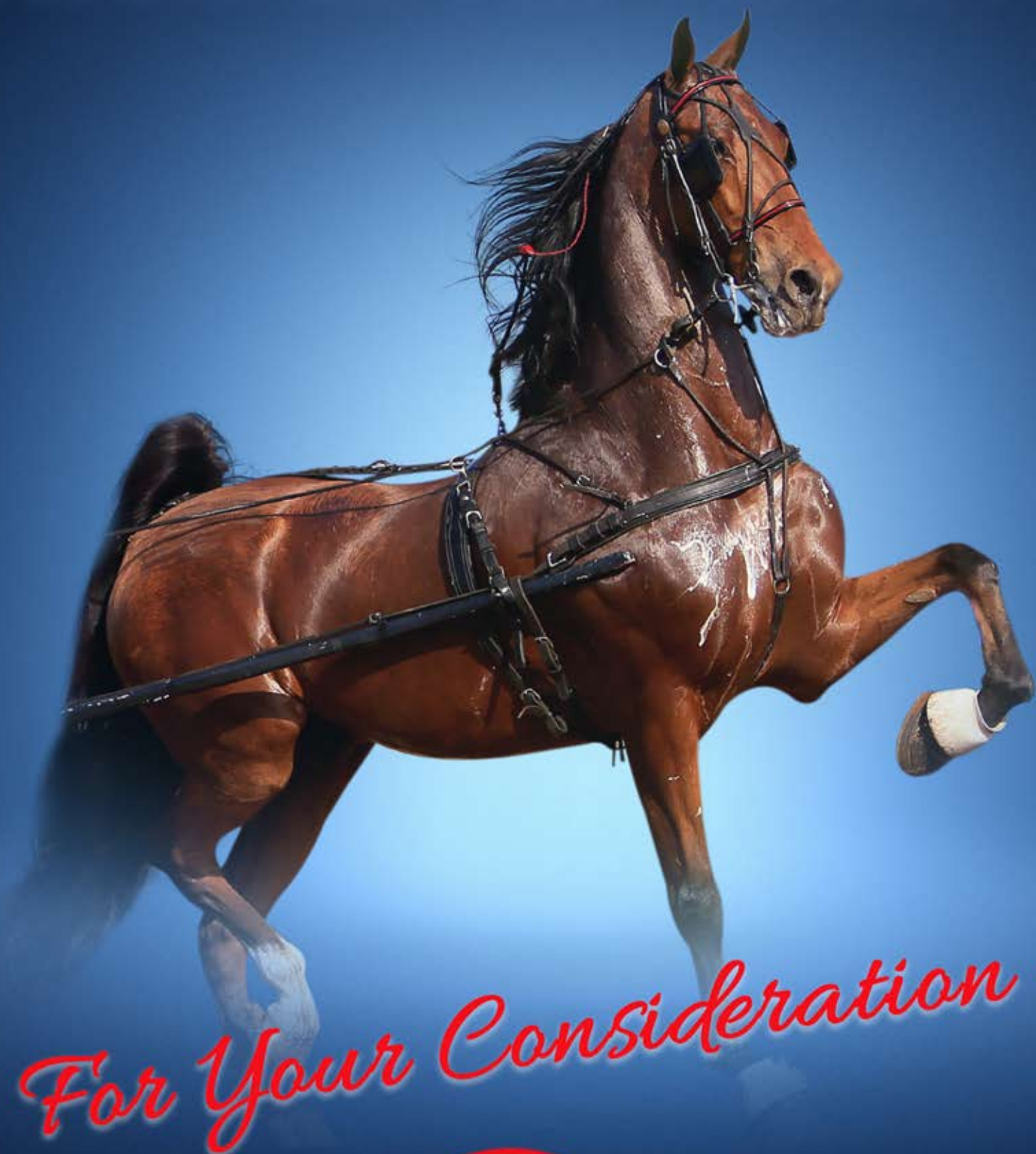
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+27 82 562 8972

Afrigter: Dirk Louis

castlerockstables@outlook.com

ASSIGNED FOR VICTORY



Eienaar: Johan Wiese

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castlerockstables@outlook.com

Afrigter: Dirk Louis



On Cloud Nine

Koekie de Villiers

Owner & Trainer

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Studcor Stables



On Cloud Nine

Koekie de Villiers

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We are very excited to welcome
OUTSURANCE back as our main sponsor.

We are also incredibly grateful to ALL the
sponsors who contributed to making our
World's Outdoor Championship Horse Show
2023 a success

We are also very excited that we will have our
championships of Friday and Saturday
evening on television and also give our
sponsors more advertising.



Koekie de Villiers

SADDLEBRED

SOCIETY *of South Africa*

We are excited to announce that the launch of a NEW www.saddlebred.co.za is approaching! Our team is working hard to deliver an excellent website, so you can enjoy the best possible user experience.



WITH LOVE
Willie & Johanna



Casino Stalle



Eienaar en Afrigter:
Dalene de Beer
Professioneel sedert 1972



Dalene de Beer and the whole Casino stables team would like to wish their exhibitors and supporters the best of luck for the 2023 South African National Championships.

*It's **TIME** to get your **SHOW ON!***



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Photo: Photojan



Live your passion

Dinette Snyman & Properly Supreme
Three-gaited division

Photo: Photojan



Live your passion

Carol Badenhorst & Warsport
Five-gaited division

Photo: Photojan



Live your passion

Sueline Kritzingler & Mojives Magic
Five-gated division

Photo: Photojan



SA Champion

2021 & 2022



Live your passion

Sueline Kritzinger & Bon-Ami Champ
Three-gaited pleasure horse



*Offered for your consideration



Live your passion

Dinette Snyman & Sundance*
Three-gaited park horse division

WE NEVER LOSE. WE
EITHER WIN OR WE
LEARN.



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CCV SS WHO'S WHO



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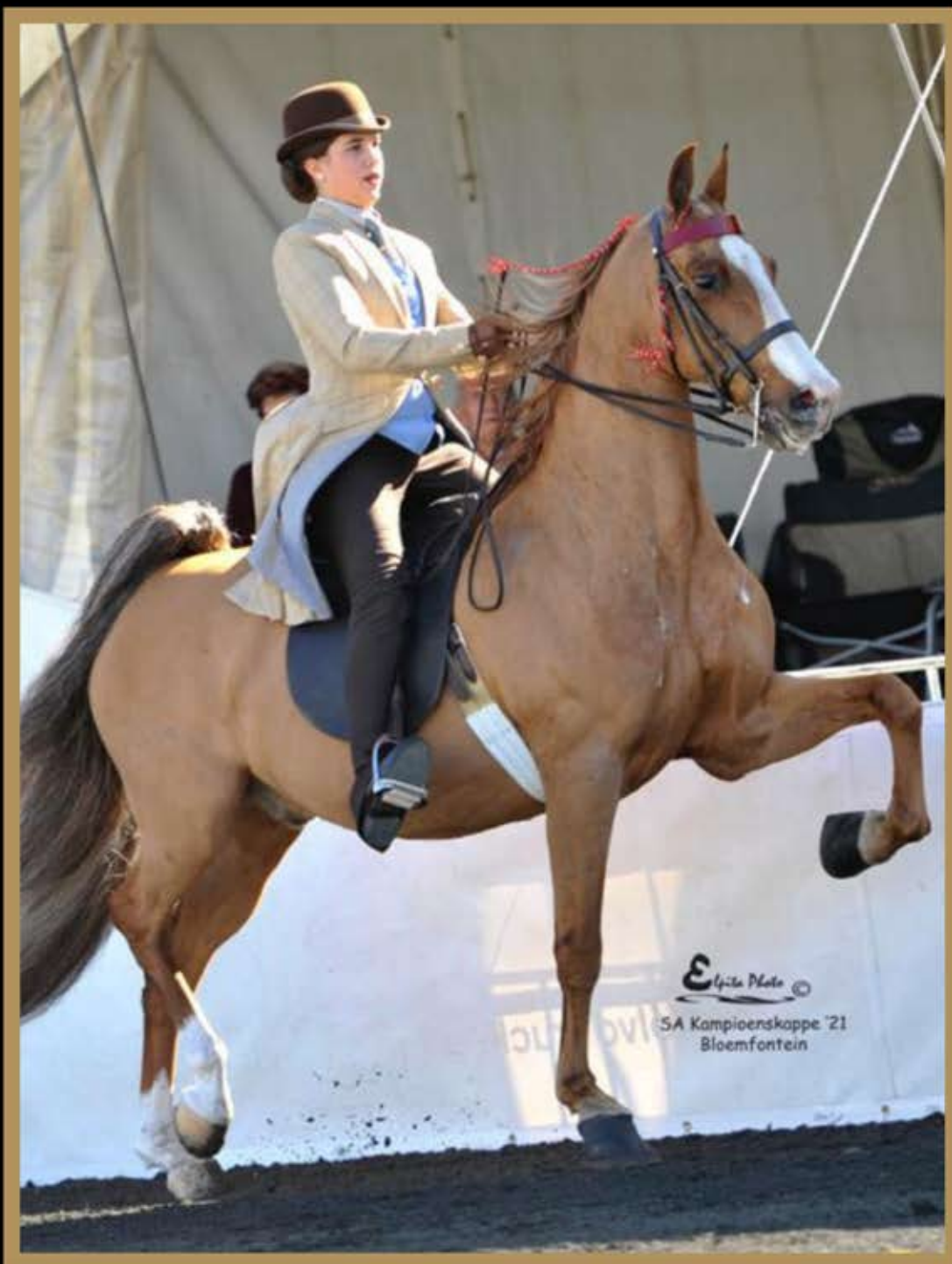
STANDING AT STUD:

Cloverleaf Midsummer Nite

CUSTOM MADESUITS

+27 72 801 7705

LAS VEGAS



LEANDRE SCHOEMAN

CUSTOM MADESUITS

BY

Marinda Erasmus

+27 72 801 7705



Revelation Hill Equestrian Centre

Wishing our valued clients the very best during the 2023 World's Outdoor Championships in combination with the South African National championships.

Charl & Monica Brett | Willie de Jager | Cecil & Faye du Plessis | Dries & Marie du Preez
Matt, Adriani & Ariel Jones | Doug, Elize, Izabella Klein | Heinrich, Liesl and Anri Hamman
Arabel Oosthuizen | Kevin, Marina and Bronwyn Shiel
Danie, Karen, Surika & Zander Struwig
Ludwig, Amanda, Mignon, Marion & Megan Schnebel
Braum, Carike, Carmia & Sulize van den Berg
Hein, Madrie, Stefan & Hanro van Huyssteen
Jaco, Elzanne, Zelia, Noah & Lisa Venter

Your best is more than good enough, we have all put in the time now it's your turn to shine!

Love

Thinus & Enid

Trainer: Enid Norton | +27 82 726 0983 | revelationhill@gmail.com
Assisted by: Surika Struwig & Marelize Muller
Farrier: Thinus Rademan | +27 82 726 09 83
Address: 413 JR Tweefontein | Delmas Road | Pretoria


Revelation Hill
Equestrian Centre

Viva TONITE

Madrie van Huyssteen



Trainer: *Enid Norton*

Assisted by:

Surika Struwig

Marelize Muller

Farrier:

Thinus Rademan +27 82 726 09 83

Revelation Hill Equestrian Centre



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Assisted by: Surika Struwig & Marelize Muller
Farrier: Thinus Rademan | +27 82 726 09 83
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Revelation Hill Equestrian Centre



Mite's
CASSANOVA

Summer Wind

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Assisted by: Surika Struwig & Marelize Müller

Farrier: Thinus Rodeman | +27 82 726 09 83

Address: 413 JR Tweefontein (Delmas Road) Pretoria


Revelation Hill
Equestrian Centre

Revelation Hill Equestrian Centre



*Equitation is the
name of our game!*

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Farrier: Thinus Rademan | +27 82 726 09 83
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Revelation Hill
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Revelation Hill Equestrian Centre



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Farrier: Thinus Rademan | +27 82 726 09 83
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Revelation Hill Equestrian Centre



Equitation is the name of our game!

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Assisted by: Surika Struwig & Marelize Müller

Farrier: Thinus Rademan | +27 82 726 09 83

Address: 413 JR Tweefontein | Delmas Road | Pretoria



THINUS RADEMAN

FARRIER SERVICE

Registered member of the South African Association of Professional Farriers



Services provided to all breeds of horses:

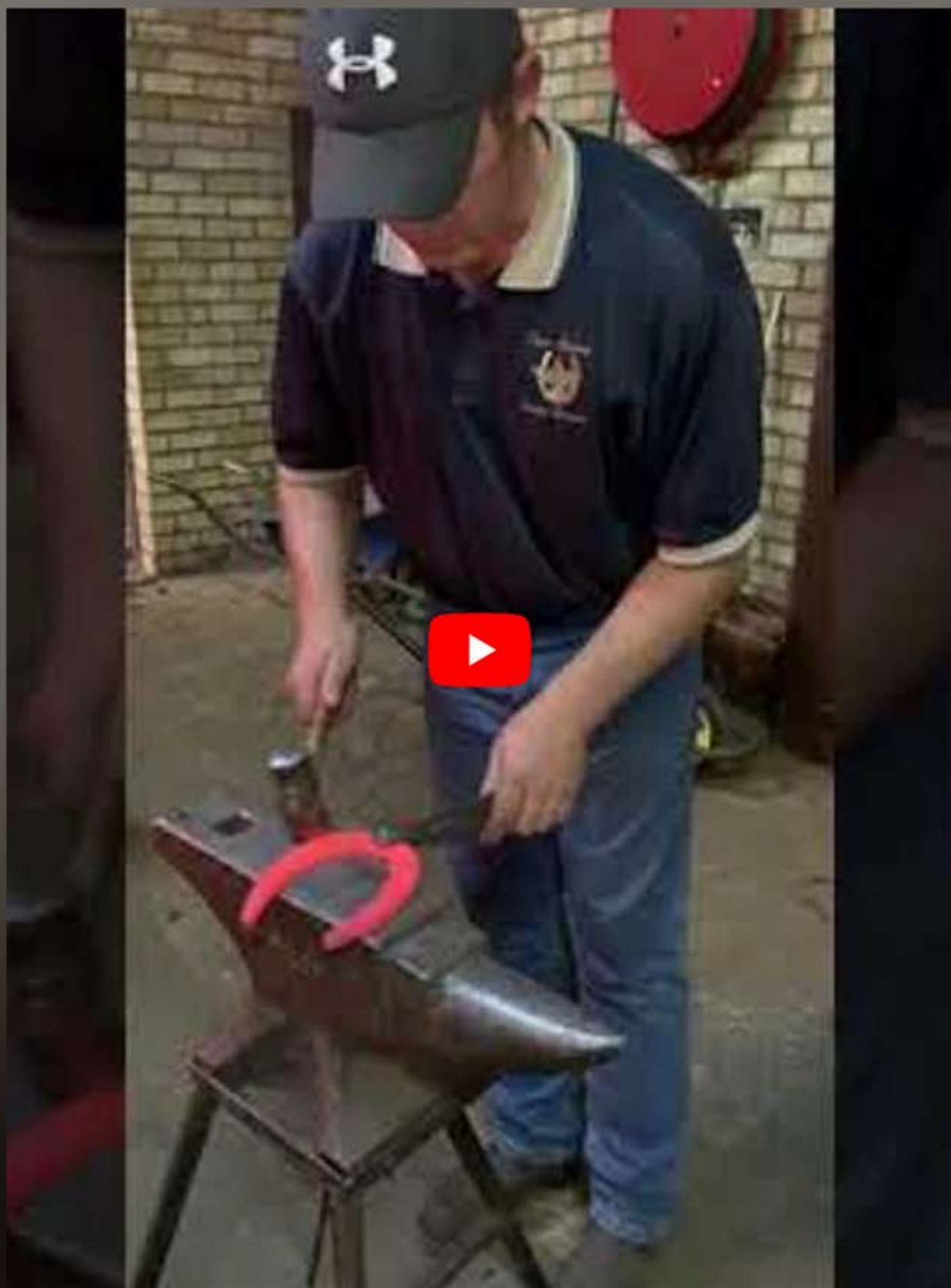
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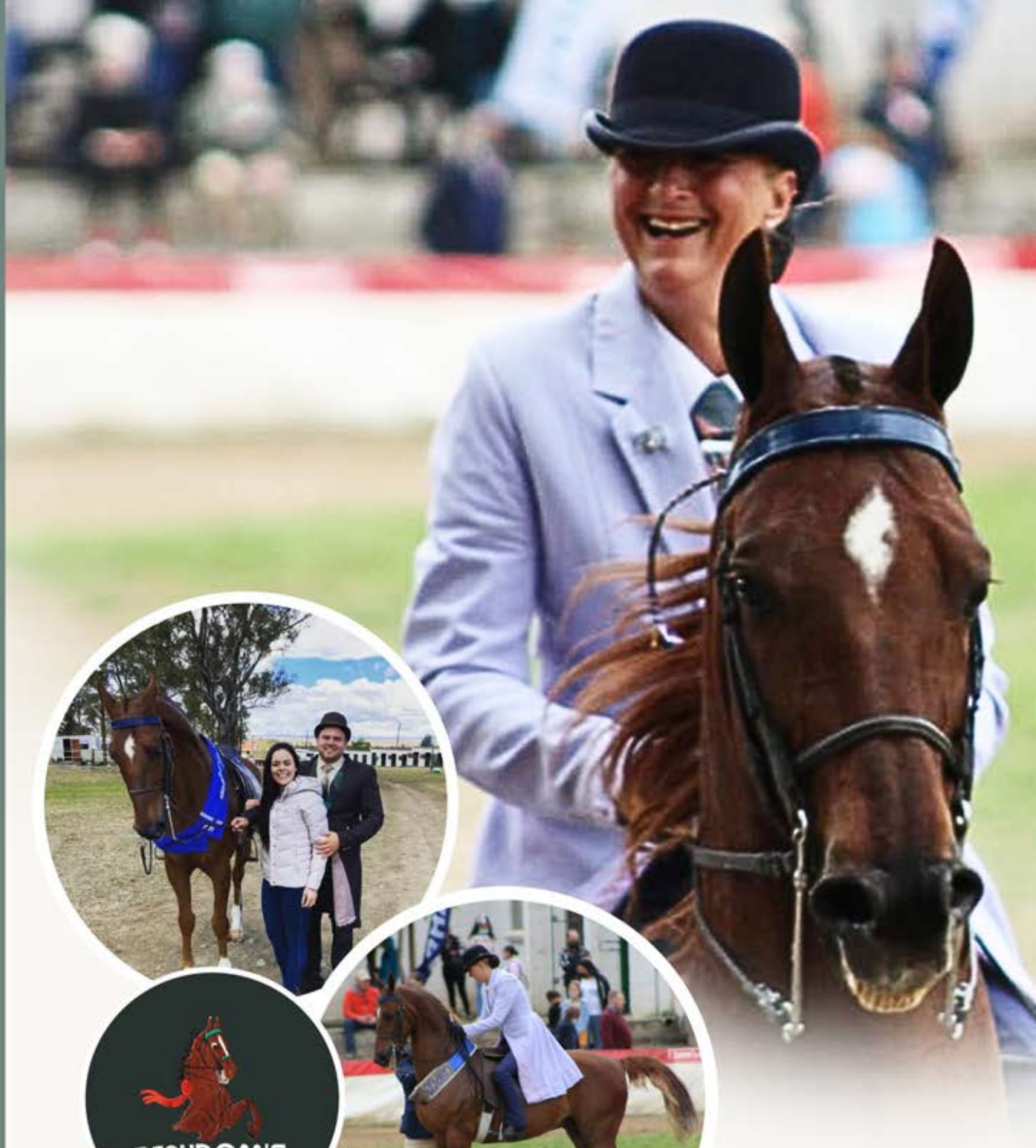
Farmgirl

AGRICULTURAL PHOTOGRAPHY

082 511 3922



SECRET COPY



Groot Kampioen 3 Gang Natuurlike Maanhare en Stert
Somerset Oos 2021 | Cradock 2021

EIENAAR: Tokkas van Heerden

AFRIGTERS: Gertina Strydom & Reagan Makwena

Gertina Strydom

+27 72 186 54 61

gertina.strydom@gmail.com

HEALING HORSES

If you have spent any time with horses, you would have likely experienced some of the magic that they hold... As the saying goes: "There is something about the outside of a horse that's good for the inside of a man" (Winston Churchill). Equally as powerful, is the impact of a horse on the physical aspect of a person, even more so when considering the physical development of children.



When considering the physical development of children, we often think of the fundamentals- running, jumping, hopping on one leg, throwing, and catching a ball- skills that we see (and that children need) in order to participate in their most important occupation- PLAY!

When it comes to horses (and horse riding) there are numerous underlying skills that are being developed and stimulated:

THE SENSORY SYSTEM

We know the sensory system as touch, taste, sight, hearing, and smell. In addition to these (and more significantly impacted by horse riding) are the vestibular system and the proprioceptive system. The vestibular system is located in the inner ear. It provides us with information regarding our body position and sense of balance. Moving on a horse also encourages equilibrium reactions, which is important for postural control. While riding, this system is constantly stimulated and can be challenged in various ways, depending on the speed of riding, and the direction (or change of direction) taken while riding. For a child, this is an important skill to master as we expect children to sit upright at their desks in the classroom, or sit at the table and eat a meal. The proprioceptive system is equally as important. This system senses movement and where your body is in space. It allows you to move your hand to touch your nose, even when your eyes are closed. Children who experience proprioceptive difficulties may struggle to bring a fork to their mouth to eat or often miss when reaching for an item. Due to the rhythmical and repetitive nature of the movement of a horse, information regarding the position of the rider's body is repeatedly sent to the rider, which reinforces the 'where am I' input that proprioception provides. The vestibular and proprioceptive systems work hand in hand.

GROSS MOTOR SKILLS

Riding stimulates numerous gross motor skills in children. For children with physical difficulties, riding impacts underlying functions such as muscle tone, muscle strength, coordination and balance. In order to remain seated on a moving horse, it requires a significant amount of balance. By stimulating and improving balance, riding equips a child to more successfully participate in tasks such as putting on pants while standing, reaching to the shelf to get a book, or even just walking while carrying a plate to the table. It could also support a child to perform the 'simple' task of walking- lifting one foot and placing it in front of the other can be very challenging for children who experience difficulties related to muscle tone and muscle strength.

Horse riding also develops and strengthens bilateral integration. This involves using one side of the body in coordination with the other side of the body. For example, pulling on the right rein while keeping the left rein still. We can translate this to a school task such as cutting- the one hand has to hold the paper still while the other hand manipulates the scissors. Midline crossing is another skill that we frequently address during therapy sessions is - the ability to cross the midline of your body while performing a task. We often see children who struggle to cross the midline when sitting at the table, writing, and cutting, and being on a horse gives us a great opportunity to address this, due to the horse providing a 'fixed' position for the child's lower half of their body. Reaching across the midline to take the whip or tighten the girth, or even using one hand to point to where you plan on executing your pattern work can stimulate crossing the midline.

FINE MOTOR SKILLS

Horse riding is a fantastic stimulator for various fine motor skills. Picking up the reins, shortening, and lengthening reins, and manipulating the reins of a double bridle are valuable tasks in terms of stimulating fine motor skills and in-hand manipulation. These are essential skills for writing. Furthermore, riding offers significant proprioceptive input in the hands and fingers, which also supports tasks such as fastening buttons, zips, and laces.



When considering the overall development of children, horse riding offers a valuable, well-rounded opportunity to stimulate and develop a variety of skills. As a therapist who uses horses in therapy with children with physical difficulties (called Hippotherapy), the benefits are even greater. Other times, these children are excluded from traditional sporting activities such as rugby or netball. Having the opportunity to sit on a horse (even without any riding skills being taught) gives them the opportunity to simulate walking (which a wheelchair user might have never previously experienced), being able to see the world from a different viewpoint (as opposed to always looking 'up' at people around them), and the feeling of being able to 'control' this large animal with sometimes just their voice. The empowerment experienced and success by these children during Hippotherapy is truly magical!

During Hippotherapy, horses are used as a therapy 'tool' to support the therapist in working towards specific therapeutic goals. It is a treatment modality that can be used by qualified Physiotherapists, Occupational Therapists, and Speech Therapists. Horses used in therapy programs are selected based on a variety of factors, of which a calm and kind temperament is highly valued. We require horses to be safe during sessions, even when we get excited, throw balls, blow bubbles, or even when working with large, noisy toys and equipment.

Being able to work with horses and share their caring nature with clients is truly a humbling experience! I am extremely grateful to have the opportunity to combine my love for horses and my passion for helping people. The positive impact that horses have had on the physical and emotional wellbeing of clients has been wonderful to witness!



About the author:

Wilene Wiggill is an Occupational Therapist (M. Occ Therapy- UFS), practicing in Gqeberha (Port Elizabeth). She has been using horses in her therapy program since 2017 and has been riding Saddlehorses since 1999.

References/ For more information regarding Hippotherapy and the physical benefits of horse riding:
<https://www.americanhippotherapyassociation.org/what-is-hippotherapy>
<https://www.cerebralpalsy.org/about-cerebral-palsy/treatment/therapy/hippotherapy>
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MPUMALANGA SADDLE SEAT



IZELDRI HOLDER

3 & 5 GANG



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DANJE PRETORIUS

3 & 5 GANG



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DUANE COETZER

3 & 5 GANG



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Ons stel met trots bekend ons 3 en 5 gang ruiterspanne vir die 2023 Protea proewe.

MPUMALANGA SADDLE SEAT



HANCO VAN DER WALT
3 GANG



[CLICK TO LEARN MORE](#)



DANE VD LINDE
3 GANG



[CLICK TO LEARN MORE](#)



FJ LOTZ
3 EN 5 GANG



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Coming together is
the beginning.
Staying together is progress.
Working together is a success.



RENE PRETORIUS
SPANBESTUURDER

ELRA LOTZ
AFRICTER



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DANIELA KARSTEN THREE GAITED CAPTAIN
WILLIE DE JAGER FIVE GAITED CAPTAIN
SILVER WORLD CUP MEDALISTS IN THE THREE GAITED DIVISION
GOLD WORLD CUP MEDALISTS IN THE FIVE GAITED DIVISION
DOUBLE GOLD MEDALISTS IN THE INTERNATIONAL COMPETITION

THANK YOU TO EVERYONE WHOM MADE
THIS MOMENT POSSIBLE.
WE WILL TREASURE IT FOREVER.
ALL OUR LOVE
WILLIE & DANIELA

TONKIN-BIERING EQUESTRIA

Elra Tonkin



TONKIN-BIERING *Equestria*

Our sincere thanks go out to our amazing service providers for their outstanding work and professionalism, and our wonderful clients for their loyal support.

You are valued and appreciated by us!

FARRIER: JOHANNES MAASDORP

DENTIST: CHARL ROUX

VET: TERRY CASEY & DRIES LESSING

CHIRO/FISIO: DR STHILL & FRANCOIS PRETORIUS

FEED: WEIDEMAN VOERE

TRANSPORT: MARK'S TRANSPORT.

HEAD GROOMS: BHUDA & BOYZONE



TONKIN-BIERING EQUESTRIA

Elra Tonkin



ELRA LÖTZ

BOLD LIGHTING



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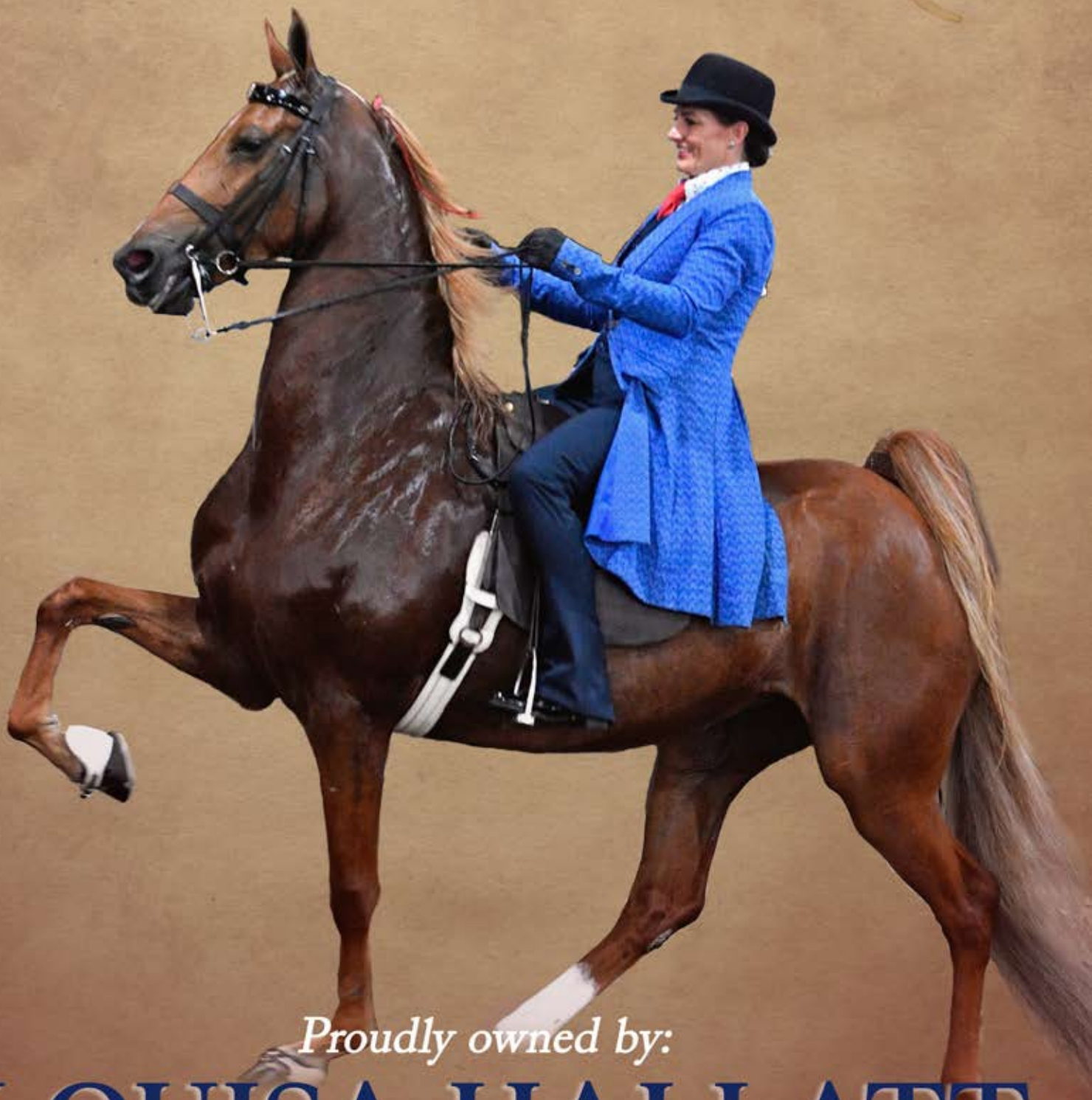


elra_tonkin@hotmail.com
(Private email)



TONKIN-BIERING EQUESTRIA

Elra Tonkin



Proudly owned by:

LOUISA HALLATT

PERFECT NITE

Expertly ridden by Elra Lotz



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(Private email)



TONKIN-BIERING EQUESTRIA

Elra Tonkin



LIZANNE TRUTER

PERFECT TOUCH

Amateur 5 Gaited Division



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(Private email)



TONKIN-BIERING EQUESTRIA

Elra Tonkin



LIZANNE TRUTER

GENTLEMAN JACK

Country Division



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(Private email)



TONKIN-BIERING EQUESTRIA

Elra Tonkin



DANJE PRETORIUS

Mpumalanga Saddle Seat Team Member | 3 & 5 Gaited

Team Captain



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(Private email)



TONKIN-BIERING EQUESTRIA

Elra Tonkin



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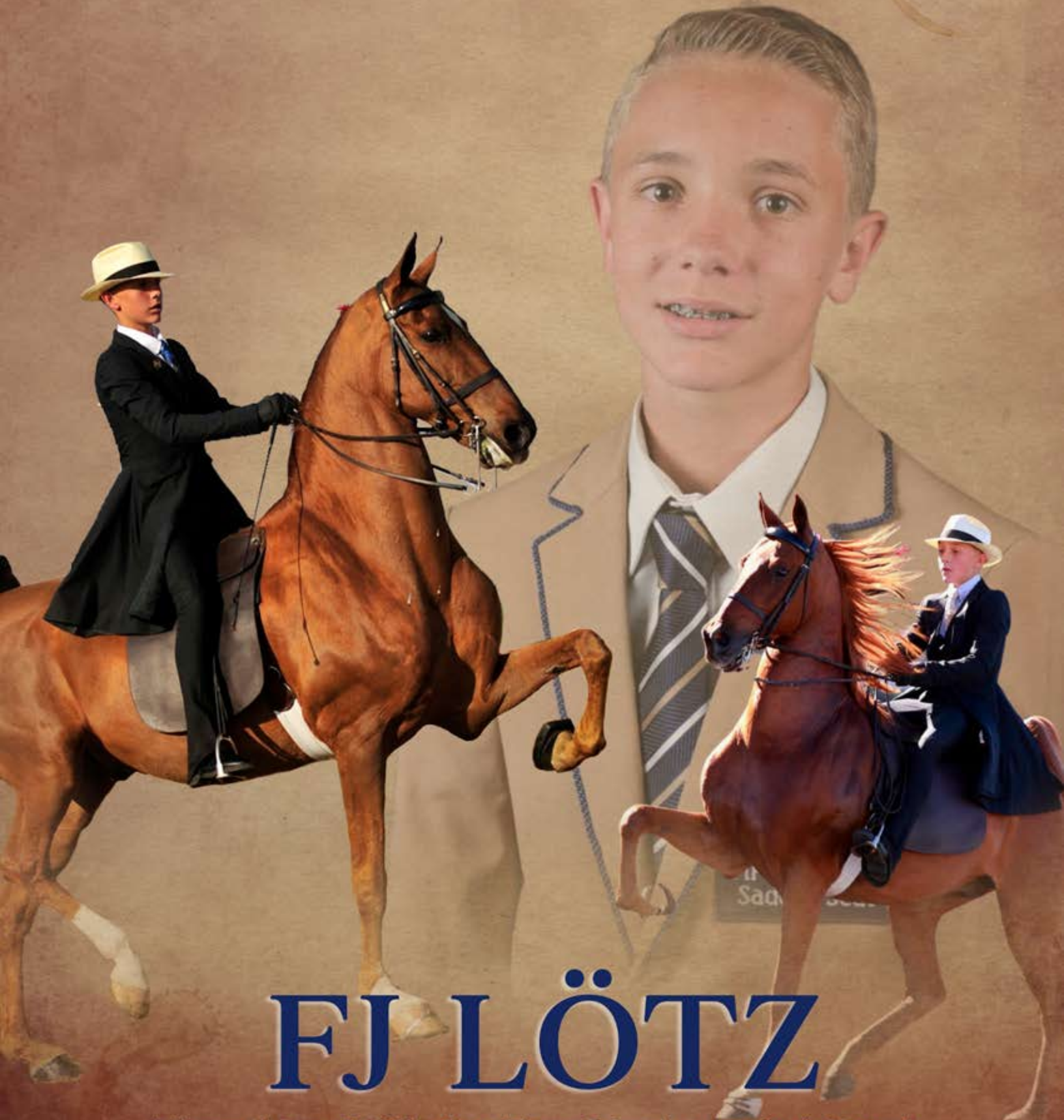


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Every little girl needs a pony in her life!

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Saddle Seat South Africa

The SSSA Board:

Bertus Pretorius (President), Marezza Visser (Vice), Dries Moolman (Treasurer), Willie de Jager (Athlete Representative), Anike Louw (Marketing), Marale Hoft (Communication), Koekie de Villiers (Technical), Elra Tonkin (Development), Glenda Koen (Professional Coaches), Braam vd Berg (Legal), and Garland Poil (SANESA).



The six provinces are represented by Johan Wiese (NC), Petro Botha (WC), Sumeri Botha (EC), Erla Tonkin Lotz (MP), Daniela Karsten (FS), and Enid Norton (NGSU).

The new board steered the organisation early into new and exciting directions, of which the newly found African Saddle Seat Cup is introduced.



Saddle Seat World Cup 2024:

We are Excited to announce that Saddle Seat South Africa will be hosting the 2024 World Cup competition currently under the guidance of the International Saddle Seat Equestrian Association. Teams from the United States, Canada, Namibia, Zambia and South Africa are provisionally scheduled to be the main participants. We are excited to possibly have a team from Botswana compete in 2024.

Both Zambia & Botswana will debut in their first World Cup competition next year. The World Cup consists of two divisions in Saddle Seat Equitation, the 3 Gaited and 5 Gaited. Riders competing in this prestigious event are given two twenty minute

training sessions prior to the start of the competition. Thereafter riders compete under gruelling circumstances over two days. Each rider is expected to execute a rail work and an advanced test pattern twice on lottery style drawn horses. The top four riders scores over the two days are combined to determine the new World Champion team in each division.



African Cup 2023:

Saddle Seat South Africa further prides itself in hosting the first Africa Cup competition in December 2023. The countries competing are Namibia, Zambia and South Africa. This competition serves as an excellent platform for preparation en route to the 2024 World Cup.





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Shout-out to all our wonderful grooms for their hard work

To God be the glory!

Love

Cha-Nene
xx

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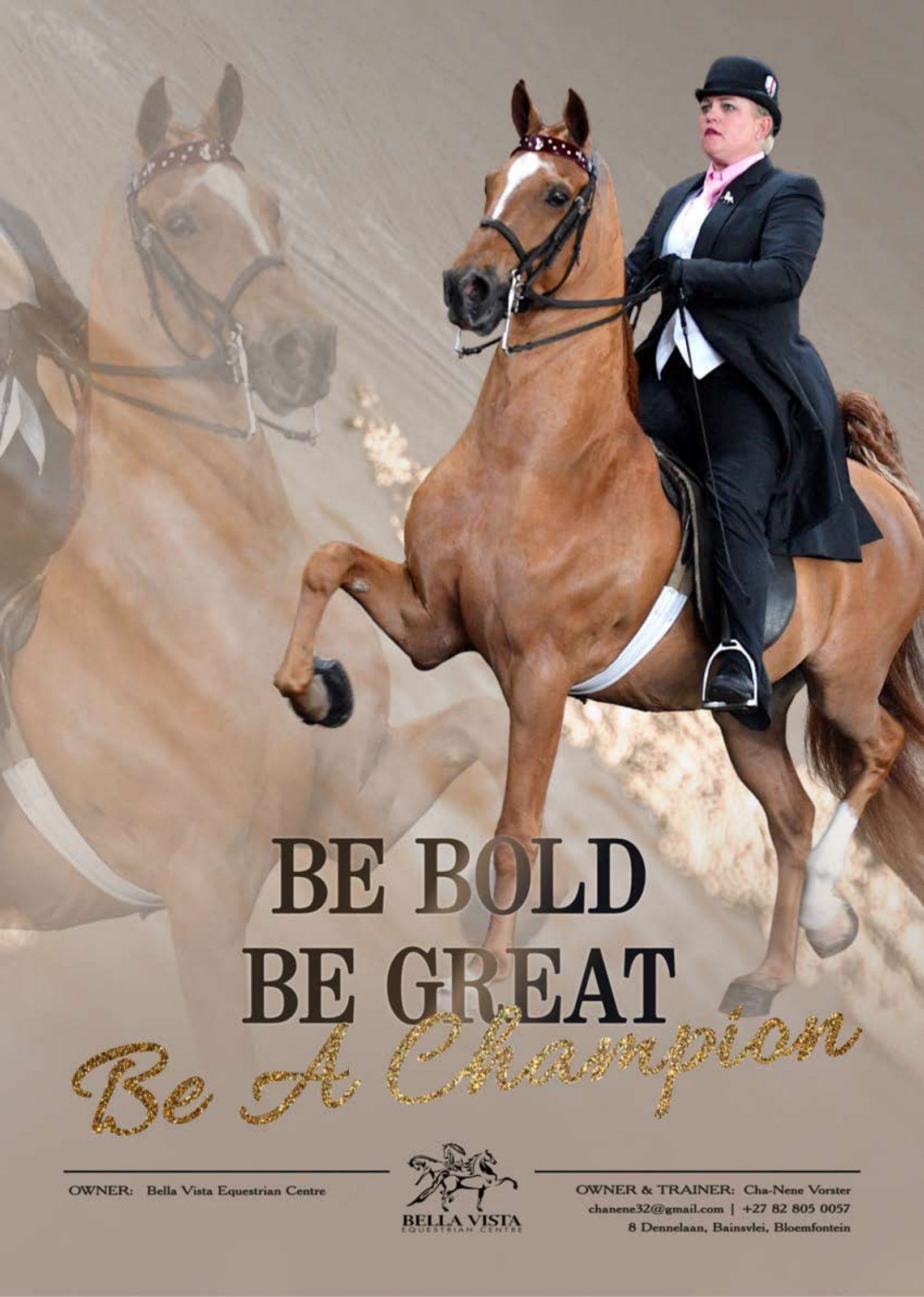
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me



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